



# cycling



**LOCATION:** SANDAY

**ROUTE:** SANDAY CENTRAL CIRCULAR



**DISTANCE**

13.5km



**GRADE**

Grading 2



**ASCENT/DESCENT**

95m

**OPTION TO SHORTEN**



**OPTION TO EXTEND**



Sanday is a stunning place to visit with your bike and this broadly circular route tours the centre of the island, taking in a beautiful beach or two.

## ROUTE GUIDE

- 1) Starting at the Community Shop in Lady village, head southeast to pass the Heritage Centre and Croft House Museum. Turn right at the crossroads by the island's war memorial.
- 2) Follow the road for around 2.5km, passing Otterswick Bay on your right to reach a T-junction at Quivals. Turn left here.
- 3) Following the main road south through the island, you'll pass Sinclair's Stores on the right-hand side after around 1.5km. A further 1km down the road, just before it reaches its highest point at the large farm of How, look for a minor road leading off to the right. Head down this road for around 1km to reach Backaskaill Bay, just beyond the island's cemetery.
- 4) Returning to the main road, turn right at the junction, passing How Farm. Head downhill for 1km to Kettletoft village, where the Kettletoft Hotel and the Belsair both offer lunches and evening meals.
- 5) Return north back out of the village for 1.5km and take the first junction on the right, signposted Lady Village. After passing around the head of Kettletoft Bay and the tidal estuary, stop at the derelict Cross Kirk and ascend the exterior stone steps to see the Devil's Clawprints.
- 6) Carry on following the road for the final 1km back to Lady Village and the start of the route.

**For further details and mapping information, find the full cycle route at [orkney.com/cycling](http://orkney.com/cycling)**



Stick to designated walking and cycling routes when you're out exploring, and be respectful of private property.